



Canapés

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OUR STORY

Eat combines our team's 20+ years of experience in the catering and hospitality industry with an unrivalled passion for delivering faultless events and amazing experiences for both you and your guests.

We pride ourselves in delivering events of all shapes and sizes to the highest quality and standard. With a focus on delicious, contemporary food, we take our inspiration from global food trends but add a British twist, using the best local and seasonal producers.

Canapés are perfect for any occasion; from elegant parties to casual gatherings, wedding receptions to corporate engagements. Our canapés offer a delicious selection of bite-sized morsels that will be sure to impress your guests. Inspired by cuisines and flavours from around the world, we've got something to suit every kind of occasion.

Life is better when you eat canapés.' Anon

OUR PARTNERS

Over the last decade we have built up a roster of venues in Sussex and London that we work with closely. This puts us in a great position to recommend a number of venues that can meet your brief. If you haven't found that special place yet then please feel free to give us a call and we can help remove the stress of finding the perfect venue.



TESTIMONIAL

I just wanted to reach out to say a massive thank you to you and all the guys from ETS who were present Saturday. The food and hospitality you provided was amazing! We had so many compliments on the food and I knew it was going to be a big hit after our tasting in March!

Seeing the setup on arrival which you guys created was outstanding.

I'm sure our paths may cross again and hopefully we'll pop into the Royal Oak for some food again soon.

I wish you and the team all the best.

L&L

AUG '23 MARQUEE



HOT CANAPÉS

Bang bang chicken bao buns, pickled carrot, spring onion, chilli
Sticky chicken asian meatballs, hoisin glaze
Rare roast beef & creamed blue cheese, seeded lavash crispbread
Mini beef wellingtons, hot horseradish, baby watercress
Pink peppercorn flank steak bites, hollandaise sauce
Crispy chilli beef strips, sesame dipping sauce
Confit duck leg bonbon, orange marmalade dipping sauce
Asian spring rolls (duck or vegetable), sweet chili dipping sauce
Slow-braised belly pork, pickled cabbage and chilli, Taiwanese sweet buns
Spiced pork belly bonbons, pineapple ketchup, serrano ham
Manchago croquettes, paprika mayonnaise
Chorizo and sussex charmer bonbon, red pepper chili jam
Grown-ups fish fingers with tartare sauce
Broad bean & coprgette arancini (V)
Mac 'n' cheese bites, truffle mayo (V)
Leek and parmesan filo tarts (V)
Field mushroom turtles, aged ricotta, crushed almonds (V)
Spinach, feta & roasted garlic filo parcel (V)
Spiced broccoli fritters with a blue cheese crumb (V)

“Small bites, big flavours. Canapés make every moment a celebration.”



COLD CANAPES

Duck liver parfait, brioche toast, red onion chutney

Smoked duck, asian salad, wonton cup

Pressed chicken & leek terrine, tarragon aioli, Parmesan crisp

Smoked chicken & mango salad, spiced thai cracker,

Mini Yorkshire puddings with rare roast beef, hot horseradish, baby watercress

Rare roast beef & creamed blue cheese, seeded Lavoush crispbread

Hot smoked trout, charred grapefruit, fennel seed cracker

Gin cured gravlax, dill creme fraiche, blini

Charcoal cracker, whipped cod's roe, apple, fennel

Ponzu tuna, avocado mousse, sesame seed cone

Beetroot rosti, pickled carrot, dill creme fraiche, crispy capers, red onion (V)

Beetroot & Goats cheese profiteroles, beetroot gel (V)

Goats cheese & thyme mousse, sliced fig, honey, brioche (V)

Blowtorched tomato, basil infused burrata, black olive crumb, crispbread (V)

Carrot terrine, coriander yogurt, crispbread (V)

"Food is memories." - José Andrés

VEGAN CANAPÉS

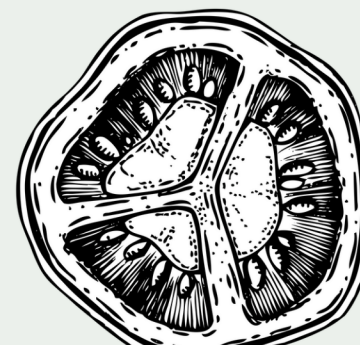
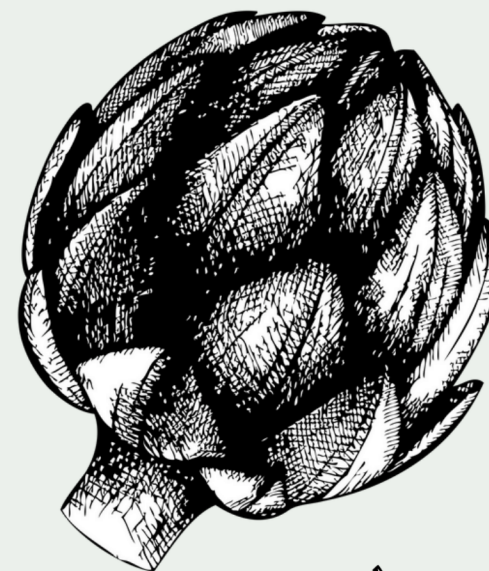
Asian marinated tofu, kimchi (VG)
Vegan ceviche, corn tostada (VG)
Watermelon, vegan feta, basil oil (VG)
Beetroot falafel, beetroot gel (VG)
Bao buns with bbq jackfruit, shredded spring onion, chilli,
coriander (VG)
Sticky garlic and chilli tofu, crispy chickpeas (VG)
Sweetcorn and courgette fritters, cashew dip (VG)
Bang bang cauliflower bites (VG)
Carrot pakora, sriracha coconut yogurt (VG)
Hoisin maple tofu pickled chilli, baby coriander, pickled
ginger, toasted hazelnuts (VG)



TESTIMONIAL

**Tanya, Marquee Party
Aug 2023, 50**

Just to say a huge thank you for such an amazing effort last Friday. Everyone commented on how delicious the food was, how plentiful also, and that the canapés were outstanding. The staff were fantastic and it was a seamless event!





CONTACT US

Whether you would like explore ideas for your party, enquire about pricing or already know what you are looking for, please get in touch using one of the contact methods. We look forward to hearing from you.

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